AGE-APPROPRIATE CHORES FOR CHILDREN * (continued)

Ages 8-9 (cont'd)

- ·Peel potatoes or carrots
- ·Scramble eggs
- ·Read recipe and help prepare meal
- ·Prepare simple meals, such as making toast, PB&J sandwiches, or cereal
- · Bake cookies
- · Pack lunch for school
- ·Wipe off table
- ·Load dishwasher
- · Get mail
- · Change light bulbs
- · Dust furniture
- · Vacuum
- ·Help take out trash
- ·Walk dog
- ·Sweep porches
- ·Spray off patio

Ages 10-11

- *in addition to the previous list of chores
- · Change bed sheets
- · Clean bathrooms
- · Do complete loads of laundry
- Prepare meal with several ingredients and use oven
- · Load and unload the dishwasher
- · Clean countertops
- ·Clean kitchen
- · Vacuum rups
- ·Do simple mending (hems, buttons, etc.)
- Take out trash/recycling and bring garbage bins back in
- · Rake leaves
- · Mow lawn
- · Sweep out garage
- ·Help younger siblings